25 Brisbane Street BERWICK 3806

16/1/2000

The Chief Psychiatrist

Department of Human Services 555 Collins Street MELBOURNE 3000

Dear Sir/Madam,

I attend a psychosocial rehabilitation service where I recently heard someone describe their experience of the mental health service.

Although she does not seem to be able to muster the righteous indignation to complain, I can not let the matter rest.

After a sequence of irrelevant events she found herself outside the seclusion cell of a psychiatric hospital. She was clearly compliant as she obeyed the following instructions before being medicated and placed in seclusion.

She was asked to undress in the presence of hospital staff and go to the lavatory while they observed.

I am not saying I can not understand the need for this procedure or even that I can not appreciate it as necessary, but I am insisting that you provide a justification as to why it is positive.

Yours sincerely,

25 Brisbane Street BERWICK 3806

19/1/2000

The Chief Psychiatrist

Department of Human Services 555 Collins Street MELBOURNE 3000

Dear Sir/Madam,

As I live my life in perfect isolation I can completely empathize with being powered into seclusion and disintegrated with medication because my interactions have caused someone distress.

However this girl has exposed your sin through your own weakness.

Yours sincerely,

25 Brisbane Street BERWICK 3806

20/1/2000

The Chief Psychiatrist

Department of Human Services 555 Collins Street MELBOURNE 3000

Dear Sir/Madam,

As you seem to be unable to excite your feeble mind sufficiently to respond to me

All I have to say to you is \*\*\*\* YOU.

Yours sincerely,

Our Reference

Your Reference

F:\chief\sophia\wp\Ruth\2801Crofts



28 January 2000

Mr David Crofts 25 Brisbane Street BERWICK VIC 3806

Dear Mr Crofts

Thank you for your letter of 16 January 2000. I understand that you are concerned at a description given by a patient of their experience of having being placed in seclusion and to having been observed by hospital staff while undressing and going to the lavatory.

Although I am unable to comment on this specific **instance** from the limited details you provide, I would emphasize that seclusion is strictly **regulated** under the Mental Health Act. Guidelines regarding seclusion are distributed from the Office of the Chief Psychiatrist, and emphasize the need for a person to be treated in as dignified a manner as possible. Seclusion is generally used only when there is significant concern of there being imminent risk that that person will harm themselves or others. At times, the risk of self harm is such that the person does need to be under continuous observation. However, this should always be done with full explanation to the patient and with very frequent review to determine whether the person can be safely managed in a less restrictive manner.

If you have particular concerns relating to a specific incident, then it may be more appropriate that you seek advice from the service involved, or at least encourage your acquaintance to seek explanation of that particular aspect of his or her management and care.

I thank you again for your correspondence. The Office of the Chief Psychiatrist has a role in ensuring that services do comply with the requirements of the Mental Health Act, and in monitoring that services provide care that is mindful of personal dignity and of the need to minimize intrusion into a persons physical liberty.

Yours sincerely

**RUTH VINE** Deputy Chief Psychiatrist

Department of Human Services

555 Collins Street, Melbourne 3000 • GPO Box 4057, Melbourne 3001, DX 210081 Telephone *03 9616 7777* Facsimile *03 9616 8329* 

Incorporating: Health, Aged Care, Housing, Aboriginal Affairs, Youth and Community Services.

25 Brisbane Street BERWICK 3806

2/2/2000

Ruth Vine Deputy Chief Psychiatrist

Department of Human Services 555 Collins Street MELBOURNE 3000

Reference: F:\chief\sophia\wp\Ruth\2801Crofts

Dear Madam,

Thank you for your response.

However it is quite unsatisfactory in no way gratifies me.

I appreciate that you understand all your actions as completely positive.

Please understand that so do I and I will do my best to sufficiently damage you in order to annihilate your capacity to feel positive about this girls treatment.

Yours sincerely,